

**FY 2018**

JULY 1, 2018 - JUNE 30, 2019

MOUNTAINCHILD

# Annual Report





# Letter from The Executive Director



*MountainChild's purpose is simple, clear and direct: to carry hope to the children and villagers of the Himalayas. This continues to fuel our passion, mindset, and mission as we focus on elevating hope to some of the most remote people and villages in the world. This clear purpose allows us to be diligent and sharp on empowering, equipping, and impacting the lives of some of the most vulnerable people in the world. For the first time in MountainChild's history, we are successfully working in all 12 mountain districts of Nepal and among the 23 ethnic groups our organization supports. This is no small feat and has been achieved through dedication and sacrifice built on the foundation of unwavering supporters, volunteers, and staff over many years.*

*Thanks to the hard work and generosity of so many, we just wrapped up our most impactful year to date. With your support, we provided healthcare and clean water. We helped protect the marginalized and saw freedom, both physical and emotional, of victims of human trafficking. We built new schools and finished the rehabilitation of the Jagat School, which was destroyed by the earthquakes in 2015. Together, 77,838 individuals were beneficiaries of hope delivered. That number is to be celebrated! We credit that impact to the generosity of our strategic partners. We don't take your investment lightly and we will continue to steward resources in a way that positions us for maximum impact. We know more is required to reach further and elevate hope to new places, but we are committed.*

*We are deeply grateful for your generous support, encouragement, and heart for those in the Himalayas. There are no adequate words to fully express our gratitude. From everyone at MountainChild, THANK YOU for partnering in our mission to carry hope to the children and villagers of the Himalayas.*

*Carry Hope,*

*Josh Duncan, P.E.  
Executive Director*



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# ★ Our Mission



MOUNTAINCHILD DERIVES ITS VALUES FROM A  
BIBLICAL WORLDVIEW AND EXISTS  
FOR THE PURPOSE OF RAISING AWARENESS,  
RESOURCES AND FINANCIAL AID  
FOR HUMANITARIAN WORK CARRIED OUT  
AMONGST IMPOVERISHED CHILDREN AND  
THEIR VILLAGES THROUGHOUT THE HIMALAYAS.

# Overall Impact Stats

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**77,838**  
No. of Direct Beneficiaries



**27,170**  
No. of Indirect Beneficiaries



**5,434**  
Households Served



**23 OF 23**  
Active Engagement  
among Ethnic Groups



**12 OF 12**  
Active Work  
Among Mountain Districts



# District Activity Map



5 Core Issues



At a Glance





ON AVERAGE, 24,000 CHILDREN DIE BEFORE THE AGE OF 5 EVERY YEAR IN NEPAL



Impact Stats

  
**4,315**  
Households served

  
**5,345**  
Direct Beneficiaries

  
**19,846**  
Indirect Beneficiaries



IN NEPAL, AN ESTIMATED 229,000 PEOPLE ARE IN MODERN DAY SLAVERY AND 23,600 INDIVIDUALS ARE TRAFFICKED, MISSING, OR VICTIMS OF AN ATTEMPTED TRAFFICKING EACH YEAR.



Impact Stats



137

Households served



734

Direct Beneficiaries



685

Indirect Beneficiaries



84% OF HIMALAYAN CHILDREN LIVE IN REMOTE VILLAGES AND ARE DEPRIVED OF EVEN THE MOST BASIC EDUCATION.



### Impact Stats



270

Households served



3,036

Direct Beneficiaries



1,350

Indirect Beneficiaries



**THERE ARE CURRENTLY AN ESTIMATED 1.6 MILLION CHILDREN, BETWEEN THE AGES OF 5 AND 17, ENSLAVED IN UNDERAGE LABOR IN NEPAL.**

## **THIS IS MAYA.**

*When we met Maya she was manually breaking stones at the construction site of a new guest house in a remote village located several days trek from the nearest road. After losing her father as a toddler and abandoned by her mother as a young teenager, she was forced to work to provide for herself. We quickly saw that her hands and feet were in critical condition and covered in painful wounds. We learned she'd suffered from a disease her entire life and despite deep pain and infection, she continued to work. MountainChild flew Maya to Kathmandu for urgent medical treatment. There she received medical care that saved her hands and feet. She was also connected with a host family in the city who has provided her the opportunity to belong to a family, complete her education, and aspire to something greater!*

*This is what hope looks like.*

*Our 5 Core Issues are not isolated. They're interconnected. And when we can interject hope into one, it changes everything.*





INCESSANT RAINS, LANDSLIDES, AND ANTIQUATED FARMING TECHNIQUES RESULT IN A CROP LOSS OF 40%.



Impact Stats



35

Households served



35

Direct Beneficiaries



## HALO PROGRAM HIGHLIGHT

*MountainChild's HALO Program is Nepal's first air evacuation service specifically designed to reach the most critical, marginalized, and remote villagers of the Himalayas. In some cases, time is our biggest challenge. There is no time to hike to a health post. HALO is reaching people before it's too late.*

*In the Spring of 2018 a mother from Sama had been in labor for over 24 hours. HALO was called. She ended up giving birth on the heli pad while waiting for HALO. Medical attention came. And this is that little one a year later!*

# ★ Art Restoration Program

## CREATE HOPE ART PROGRAM HIGHLIGHT

“

*Hi, I'm Anu. My age is 20. My interests are travelling and meeting with new people. I am studying Hospitality and Tourism management. My current role with MountainChild is the Create Hope Art Program Assistant.*

**Q: How did you join the art restoration program?**

*I grew up in a children's home. I remember that MC was providing an art class program to the different homes. I was a student at that time. And also I grew up taking each art therapy class that MC had provided to us. So, this is how I joined.*

**Q: What impact have these classes had on YOU?**

*While conducting the art classes, it really helps me understand people, and how to make relationships with each other and the value of friendship. I came to know that there are many people who are just like me who need love and friendship and community. This art program has had a big impact in my life because through the art program I can meet different people and make good friendships with them.*

**Q: What hopes do you have for this program?**

*My hopes are to give more art class's program to different women. And to encourage them by doing an art.*



*Our Create Hope Art Program offers weekly art community classes to serve exploited, trafficked and at-risk women and children through creative methods and encouraging teaching.*





# Nubri Learning Center Construction

*A small village with thirty-five houses sits high upon a hill. Giant mountains surround it. It is one of the most remote villages in the area, two hours from the main trail. Its remoteness leads to a limited availability of resources. And the steep terrain makes it difficult to get them in. This is a harsh place to live. This is Kwak. Kwak has been without a school for fifteen years. The government was unable to find a teacher willing to live up there and there were few children. This is where MountainChild was asked to step in.*

*The Nubri Learning Center (NLC) joined the community May 21st, 2019 and it has already made a large impact. Children are taught to wash their hands, brush their teeth and are provided with a hot shower weekly. One mother of a three-year-old student, when asked how the school impacted her and her family she said, "My son finally has the opportunity to go to school. He would have never gotten this chance without the school. Now that he is in school, it gives me the opportunity to work. Before I was too busy watching and caring for him that I was unable to get my village work done."*

*Starting the NLC was a big step. Not only does it provide an education but it also addresses the core issues impacting children and villagers' daily lives. It is empowering lives and as we move into new places, we are able to carry hope in greater ways.*



# 5th Annual Run 4 Hope



23  
COUNTRIES



46  
STATES

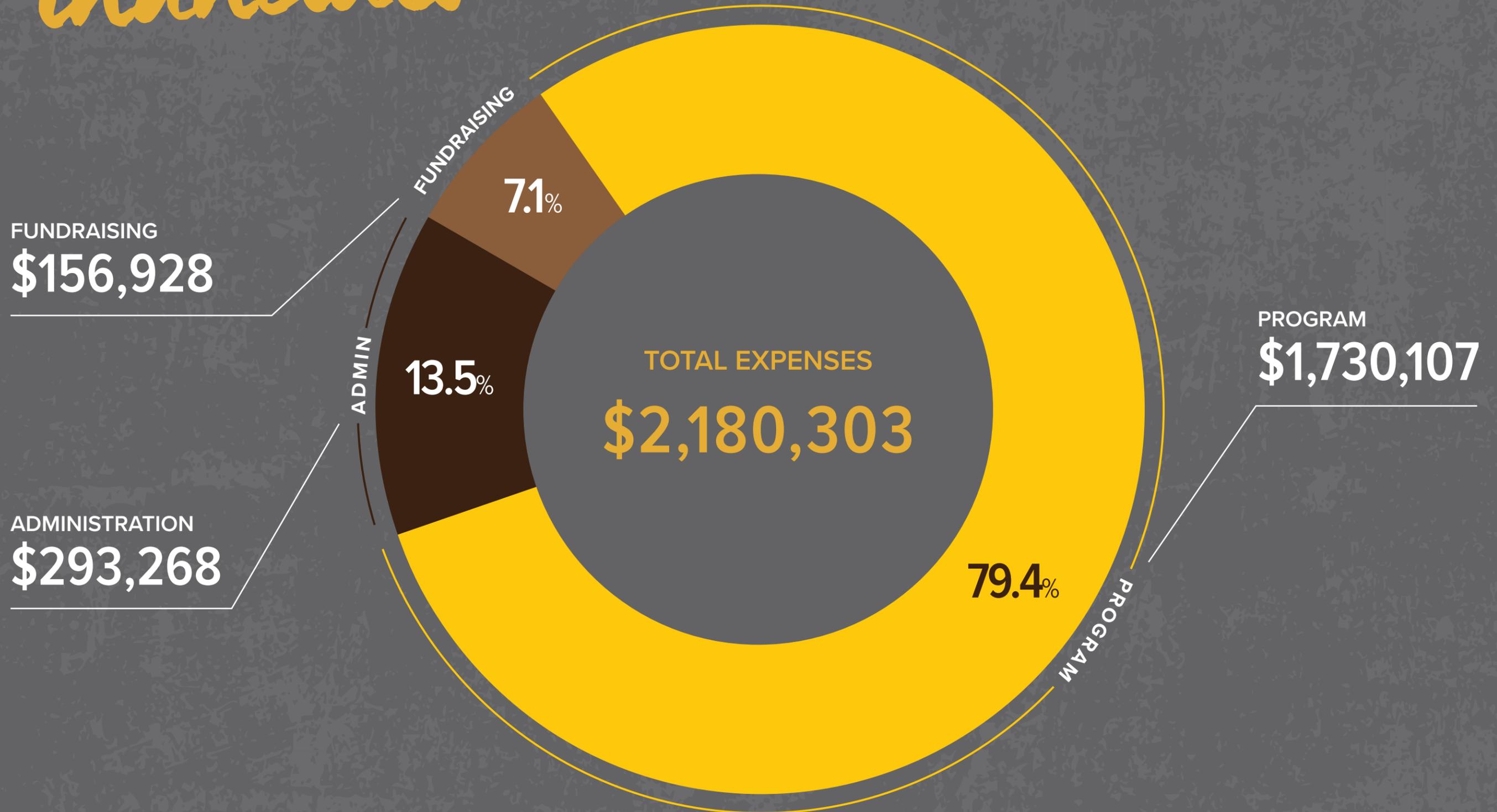
550  
PARTICIPANTS

\$49K  
USD RAISED

42  
SPONSORS

FY2018

# Financials



\*Additional financial details available upon request

# ★ The Year Ahead

*Celebrating 20 Years of MountainChild*

## 20 YEARS OF LIFELONG IMPACT

*Education is not a short-term investment. Spring of 2020 we will celebrate the 20th Anniversary of MountainChild. This work began through the work of a humble RANCH program. Twenty years later and we are seeing the first generation of young people graduate from university and return to their own villages as carriers of hope. Here are some of them then and now.*



## GHAP HEALTH POST

*We expect to break ground on the new Ghap Health Post this year! This new facility will continue to serve Ghap, but with new the technologies and capacity we foresee it reaching more people than ever.*

GHAP HEALTH POST  
GHAP, GORKHA



CLIENT:  
GHAP COMMUNITY AWARENESS SOCIETY  
GHAP, GORKHA



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Jawalakhel, Lalitpur, Nepal



# Thank You

Let us wrap this up with a heartfelt THANK YOU!  
Thank you for taking this journey with us.  
Everything we do is supported by generous and  
faithful supporters like you! Thank you for invest-  
ing in this great work and helping us  
carry hope to the people of the Himalayas.

- THE MC FAMILY -

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